

WMI WILDERNESS FIRST AID & CPR

Sponsored by the Wilderness Medicine Institute of NOLS and Camp Redwood Glen

DATES: *This course includes adult/child CPR. The schedule for the 16-hour WFA section and the 4-hour CPR section of the course is as follows: June 4th, 6:00PM-10:00PM June 5th-6th, 8:00AM-5:00PM 2010*

COST: *\$240 Tuition Only*

LOCATION: *Scotts Valley, CA*

COURSE DESCRIPTION

Fast paced and hands-on, this two- or three-day course covers a wide range of wilderness medicine topics for people who travel in the outdoors. Whether spending time in the backcountry is your passion or your profession, you should never have to ask, "What do I do now?" On this course, you'll learn how to prepare for the unexpected. WMI's curriculum is unique and includes many advanced topics that other programs leave out such as dislocation reduction, focused spinal assessment and epinephrine administration. In just two days, you'll have the knowledge, skills and ability to make sound decisions in emergency situations. This course is ideal for trip leaders, camp staff, outdoor enthusiasts and individuals in remote locations. WMI's course is pre-approved by such organizations as the American Camping Association, the United States Forest Service, and other governmental agencies. This course *does* include CPR.

If you hold a current Wilderness First Responder certification from WMI, SOLO, or WMA, you will receive a WMI WFR certification upon successful completion of your WFA. Please bring a copy of your current certification if other than WMI. If you hold a current WFR certification from any other wilderness medicine organization you will receive a letter of course completion in lieu of a WMI WFR certification. This letter of completion may allow you to recertify with your original certifying organization. You must contact that organization prior to your WMI course to ensure that our course will meet their requirements for recertification.

WFR RECERTIFICATION REQUIREMENTS

Participants using the WFA course to recertify their WFR will be required to pass both a written and a practical test on day 2 of the course. Check the following web page for information and resources on how to best prepare for your course. <http://www.nols.edu/wmi/about/faq.shtml#prepare>

All students are required to submit a photocopy of their WFR certification card on the first day of the course.

There is a one-year grace period for recertification of WMI cards (Please keep in mind that your certification is not current during this grace period and will not be viewed as a valid Wilderness First Responder certification once the grace period has begun.)

REGISTRATION/POLICIES

Tuition payment in full is required to reserve your spot in the course. Tuition is non-transferable. Tuition is payable by check (with driver's license number), Money Order or cash. The tuition fee covers textbooks, syllabus, equipment and certification cards. A full refund will be given if we are forced to cancel the course for any reason.

CANCELLATION AND REFUND POLICY

If a student cancels or withdraws from a course:

- Greater than or equal to 30 days prior to the course starting date, WMI will retain a \$35.00 administrative fee.
- Within 30 days of the course start date and once the course has begun, tuition is non-refundable as per the following:
 - q WFA, WFR-R, WMPP loss of full tuition.
 - q WFR, WAFA, WUMP loss of course deposit.

WMI STUDENT AGREEMENT

Please download this agreement from http://www.nols.edu/wmi/pdf/wmi_agreement.pdf and read it very carefully as it affects your legal rights. Bring the **two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document. Failure to provide a signed document will result in you not being able to participate in the course. **WMI participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the WMI program and are at the sole risk of the participant.****

CLASS FORMAT/ EQUIPMENT

Check in is at 5:45PM on the first day of the course. CPR training will begin at 6:00 PM-10:00PM. The following course days run from 8:00am – 5:00pm. The format for the WFA/WFR Recert is classroom lectures integrated with practical scenarios. Scenarios, and practice sessions will take place both inside and outside. Please bring outdoor clothing appropriate for laying on the potentially wet, muddy or snowy, cold ground playing the role of both rescuer and patient. Frequently stage (moulage) blood and make-up will be used to emphasize the reality of a scenario. Generally the classroom environment lends itself to a pair of comfy shoes/slipper and a crazy creek-type chair. Please come equipped with a light day pack, waterproof top and bottom, light hiking boots, and layers well suited for spending time outside playing the role of patient and rescuer.

TRAVEL/DIRECTIONS

Please see attached map of the Camp Redwood Glen.

From San Jose: Take Hwy 17 South Santa Cruz. Exit Granite Creek Rd. Continue straight onto Glenwood Dr. Turn Left on Bean Creek Rd.

Turn Left into Camp Redwood Glen.

From Monterey: Take Hwy 1 North. Merge to Hwy 17 North San Jose. Exit Granite Creek Rd. Turn Right on Granite Creek. Turn Right on Scotts Valley Drive, Turn Left on Glenwood Dr., Turn Left on Bean Creek Rd., Turn left into Camp Redwood Glen

Map: <http://www.mapquest.com/mq/8-5h6g8SNTMocY>

LODGING/RECREATION

Dorm style cabins. \$10.00 per night

Scotts Valley hosts a number of places to find a bite eat. A number of grocery stores and restaraunts are all five minutes from camp. There is some entertainment in town, and Santa Cruz is only ten minutes away. Henry Cowell State Park, Roaring Camp Railroad, and Mystery Spot Santa Cruz are also nearby.

PETS ARE NOT ALLOWED AT THE TEACHING SITE. THIS INCLUDES LEASHING THEM OUTSIDE. NO EXCEPTIONS. Any student bringing pets to class will be asked to leave class until the pet is safely situated in a kennel or other facility.

NO SMOKING OR ALCOHOL IS ALLOWED ON SITE

Please contact us with any questions or concerns you may have. *Our office hours in Scotts Valley, CA are Monday - Friday, 9:00am - 5:00pm Pacific Time.*

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Web site: <http://www.tsaredwoodglen.org>