



2010 TRAINING OPPORTUNITIES

Site-Specific Ropes Course Training

Date: April 10-11
Time: 9:00 AM to 5:00 PM
Location: Camp Redwood Glen
Cost: \$50.00 (includes lunch both days)**
Contact: Michele Rutschow
Phone: (831) 461-2022
Email: michele.rutschow@usw.salvationarmy.org

This training will cover all aspects of challenge course and team-building facilitation.

You will learn:

- ✚ Games Facilitation;
- ✚ Debriefing;
- ✚ Processing techniques;
- ✚ Low-element scenarios;
- ✚ How to setup and safely run the high elements for Redwood Glen's Zip Line, Trapeze Jump and Vertical Playpen.

****Lodging is available for \$10.00 per night for trainees (dorm-style housing).**

2010 Training Opportunities
Camp Redwood Glen

Red Cross Lifeguard Training

Date: May 28-30
Time: 5:00 PM to 8:00 PM (Fri)
8:30 AM to 5:00 PM (Sat)
8:30 AM to 5:00 PM (Sun)
Location: Camp Redwood Glen
Cost: \$225.00
\$270.00 to include Waterfront Certification
\$30.00 for CPR recertification only
Contact: Chris Woodrow (for more info or to register)
Phone: (831) 479-6714, ext. 448
Email: chris@kennolyn.com

For a full certification, you will receive training for Lifeguard / CPR / AED / First Aid.

Wilderness Medicine Institute (NOLS) Wilderness First Aid + CPR

Date: June 4-6
Time: To Be Determined
Location: Camp Redwood Glen
Cost: \$240.00**

More Info: For more information on WMI / NOLS and WFA, visit the National Outdoor Leadership School's WMI Page at www.nols.edu/wmi

Register: Email us at redwood.wfa@gmail.com

Or call Ben or Michele at (831) 461-2022

This training session is for those spending any amount of time in a remote setting. Whether you're taking campers backpacking or spending time with friends in the back country, this course is a must! Classroom time, combined with hands-on scenarios create the perfect learning environment.

**No food is provided for this training session. Lodging is available for \$10.00 per night (dorm-style housing).